



*Nia Banks, MD, PhD., FACS*  
Board-Certified Plastic Surgeon  
Plastic and Reconstructive Surgery Expert



# About Dr. Nia Banks

Dr. Nia Banks is a board-certified plastic surgeon practicing in the Washington, DC and Baltimore area, as well as the surrounding communities. Dr. Banks received her surgical training at Johns Hopkins Hospital in Baltimore, where she completed the Integrated Residency Program in plastic and reconstructive surgery.

As the first surgical resident to complete this program, Dr. Banks acquired invaluable training, allowing her to provide the highest degree of expertise and knowledge of cosmetic and reconstructive surgery to her patients. Dr. Banks remains on the cutting edge of the field of reconstructive surgery, and recently contributed a chapter on breast and trunk reconstruction to a surgical textbook. She continues to contribute to important surgical publications on a regular basis. As a craniofacial fellow at the Hospital Necker-Enfants Malades in Paris, France, Dr. Banks provided reconstructive surgical care for children with congenital anomalies. Her dedication to her patients is paramount, and her experiences have afforded her the ability to address a vast array of both aesthetic and reconstructive concerns.

Dr. Banks is the Chief of Plastic Surgery at Doctors Community Hospital in Lanham, Maryland, a member of the American Society of Plastic Surgeons, a diplomate of the American Board of Plastic Surgery, a member of the Alpha Omega Alpha medical honor society and a Fellow of the American College of Surgeons. She is a patron of the arts and a charter member of the National Museum of African American History and Culture. Dr. Banks has been featured on many television and radio programs around the country, with on-air appearances that are informative, entertaining and inspirational. Her mission is to keep her patients up to date about what's going on in the ever-evolving field of plastic and reconstructive surgery. And to stay connected, she maintains an active presence on YouTube, Facebook, Twitter and other social media platforms.

# Demographic and Personal Information

Owner, Beaux Arts Institute of Plastic Surgery, Lanham, Maryland (2/09-present)

Chief of Plastic Surgery, Doctors Community Hospital, Lanham, Maryland (9/13-present)

Active medical staff, Doctors Community Hospital, Lanham, Maryland (2/09-present)

Active medical staff, Prince George's Hospital Center, Cheverly, Maryland (5/09-present)

Active medical staff, Dimensions Surgery Center, Bowie, Maryland (5/09-present)

Instructor in Plastic Surgery, Division of Plastic Surgery, Johns Hopkins Hospital (7/09-7/13)

Diplomate, The American Board of Plastic Surgery (11/10-present)

Fellow, The American College of Surgeons (9/12-present)

8116 Good Luck Road, Suite 215

Lanham, MD 20706

(301) 880-7022 phone

(301) 880-0524 fax

[info@drbanksplasticsurgery.com](mailto:info@drbanksplasticsurgery.com)

•

•

# Education and Training/Professional Experience

## Education and Training:

- 1995 Bachelor of Science, Chemical Engineering, Summa Cum Laude, Valedictorian, N.C. Agricultural and Technical State University
- 2002 Doctor of Medicine, Johns Hopkins University School of Medicine
- 2003 Doctor of Philosophy, Graduate Program in Immunology, Johns Hopkins University School of Medicine
- 2002-08 Resident, Plastic and Reconstructive Surgery, Johns Hopkins Hospital
- 2008 Craniofacial fellow, Hospital Necker, Dr. Eric Arnaud, Paris, France
- 2009 Ear reconstruction visiting surgeon, Clinique Bizet, Dr. Françoise Firmin, Paris, France

## Professional Experience:

- 1997-99 Academic Tutor, Office of Student Affairs, Johns Hopkins University School of Medicine
- 1999 Teaching Assistant, Department of Anatomy, Johns Hopkins University School of Medicine
- 2000 Consultant for Parents as Partners in Science, Math, and Technology Education, Delta Research and Educational Foundation
- Present Panel member, Doctors Community Hospital Wound Center, Lanham, Maryland
- Present Private Practitioner, Beaux Arts Institute of Plastic Surgery, Plastic and Reconstructive Surgery, Greenbelt, Maryland
- Present Speaker, LifeCell Corporation

# Research Activities

Banks ND, Hui-Chou H, Tripathi S, Collins B, Stanwix M, Nam A, Rodriguez ED. An Anatomic Study of External Carotid Artery Vascular Territories in Face and Midface Flaps for Transplantation. *Plastic and Reconstructive Surgery*. In press.

Banks ND, Kowalski J, Tsai HL, Somervell H, Tufano R, Dackiw APB, Marohn MR, Clark DP, Umbricht CB, Zeiger MA. A diagnostic predictor model for indeterminate or suspicious thyroid FNA samples. *Thyroid*. 2008; 18(9): 933-41.

Banks ND and Redett R. Use of the GIA stapler in dural repair. *Journal of Craniofacial Surgery*. 2008; 19(4): 1053-5.

Banks ND and Milner S. Persistence of human skin allograft in a burn patient without exogenous immunosuppression. *Plastic and Reconstructive Surgery* 2008;121(4):230e-1e.

Banks ND, Silverman RP, DeTolla LJ, Shipley ST, Panda A, Sanchez RA, Azimzadeh A, Pierson R III, Wang D, Rodriguez ED, Holton LH, Bartlett ST. A heterotopic primate model for facial composite tissue transplantation. *Annals of Plastic Surgery* 2008;60(2):209-16.

Chung TL, Holton LH, Banks ND, Goldberg NH, and Silverman RP. Efficacy of a percutaneous A1 pulley release technique with identification of anatomic differences between genders. *Annals of Plastic Surgery* 2006; 56(2):133-8.

# Research Activities/Research Funding

Banks ND, Redett R, Mofid M, and Manson P. Cutis laxa - clinical experience and outcomes. *Plastic and Reconstructive Surgery* 2003; 111(7): 2434-42.

Banks ND, Kinsey N, Clements J, and Hildreth JEK. Sustained antibody-dependent cell-mediated cytotoxicity (ADCC) in SIV-infected macaques correlates with delayed progression to AIDS. *AIDS Research and Human Retroviruses* 2002; 18(16): 1197-205.

Banks ND and Hildreth JEK. Sustained antibody-dependent cell-mediated cytotoxicity (ADCC) in SIV- infected macaques correlates with delayed progression to Acquired Immunodeficiency Syndrome. *The Journal of Medical Primatology* 2000; 29(3/4): 302, Abstract #127.

## Research Funding:

2000-01 Bristol Myers Squibb Academic Medicine Fellow

2000 National Medical Fellowships Franklin C. McLean Scholar, Research fellowship

1996-02 National Institutes of Health Medical Scientist Training Program Fellow

# Organizational Activities

- Present Member, American Society for Aesthetic Plastic Surgery
- Present Member, American Society of Plastic Surgeons
- Present Chairperson Emeritus, Student National Medical Association
- 2002-present Member, National Medical Association
- 2000-02 School of Medicine Representative, Diversity Leadership Council, Johns Hopkins University
- 2000-01 Advisory Board of Directors, Science in Everyday Experiences Project, Delta Research and Educational Foundation
- 2000-01 Chairperson of the Board of Directors, Student National Medical Association
- 1994-present Member, Delta Sigma Theta Sorority

# Testimonials

“Everything from the visit to Dr. Banks answering questions was 100%. I am so pleased with everything. She is the best. I cant say enough about my whole experience...”

“Dr. Banks performed by breast augmentation over a year ago. She did an amazing job, I have never been happier! She is very professional and makes sure she answers all your questions. Best decision I have made and I’m glad it was with Dr. Banks!!!!”

“When I met Dr. Banks she had a extremely comforting spirit. My visit with her was very comprehensive and thorough. Thanks Dr. Banks for sharing your gift from God.”

“Dr. Banks performed a breast reduction surgery for me. All I can say is "I don't know why I waited so long to have this procedure done". It has absolutely changed my life! Immediate relief from the chronic back and neck pain that I'd had for more years than I can remember. From my initial visit, I received nothing but exquisite service from Dr. Banks and her staff. All very professional, knowledgeable and caring. Before care and the follow up care was more than a girl could ever ask for! Just loving my new look!”



# Testimonials

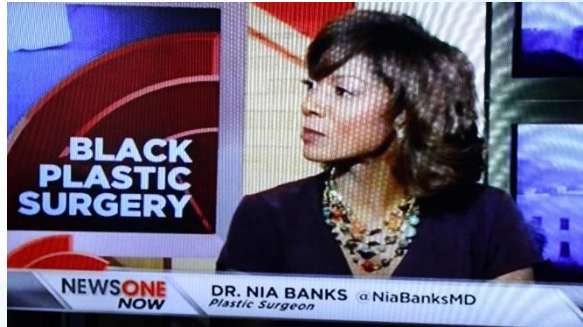
“I went for my initial consultation with Dr Banks, and had a very good experience. The entire staff was courteous and professional, but probably most important to me was their knowledge and willingness to explain every detail, and answer any questions I had about the procedure. I had my procedure on Dec 21st, all I can say is that I’m just sorry that I waited all of this time to have this procedure that has changed my life! No more back pain, no more shoulder pains and no more headaches. I am absolutely 100% pleased with the outcome of my surgery and would definitely return to Dr Banks again should I need an additional procedure.”

“I had a great consultation and I felt confident my search for the right doctor for this procedure had finally come to an end. The procedure went very well...For the first time in my life, I have a flat tummy!! She did an amazing job with the placement of my incision - a concern I had prior to surgery; needless to say I am very happy with the outcome, and have shared my experience and referred her to others.”

# Testimonials

“Even though I have been pretty physically active for some time, and in post-menopause, I couldn't get the extra fat on my stomach and thighs to budge. In addition, I had bags under my eyes that made me look tired. I did my research for local plastic surgeons in their national professional society, and found four doctors in my vicinity. I vetted the two that were closest to my home. Dr. Banks and her staff won hands down! She and her staff are top notch! They were warm and welcoming, and Dr. Banks was so patient and accommodating regarding my husband and I asking questions about the procedure. She examined me (I wanted surgery on my thighs, flanks, stomach, and my under eye area), and was very thorough with explaining what would happen. She wanted to know my motivation for having these procedures done, and was very understanding. The whole experience - from consultation, to the surgery, to post-surgery, and finally the Velashape procedures afterwards, was an amazing and fulfilling experience. I had recommended her to two friends (one had a tummy tuck, the other had Smart Lipo) - they are both very satisfied! I have handed out her card to several people who had inquired about my procedure. I firmly believe in giving credit where credit is due. Thank you, Dr. Banks, and thank you to your wonderful staff!

# Dr. Nia Banks in the Media - TV



# Radio



WHUR FM Pillow Talk with Angela Stribling



## WASHINGTONIAN

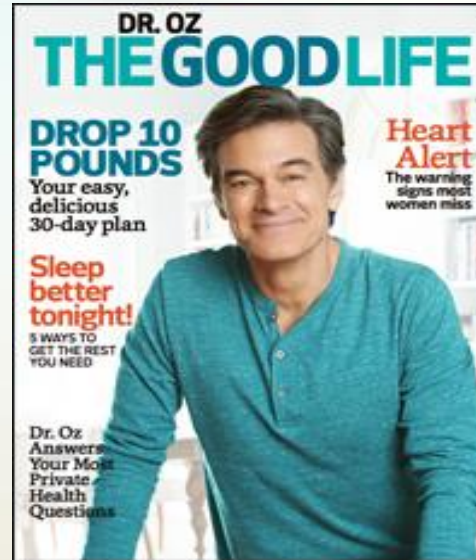
**1010AM**  
**News Radio**

# WOLB

**WHERE**  
**INFORMATION**  
**IS POWER!**

# Editorial

# WASHINGTONIAN



Bowie Blade-News  
READERS   
CHOICE  
2 \* 0 \* 1 \* 3





Contact:

Dr. Nia Banks, Board-Certified Plastic Surgeon  
Plastic and Reconstructive Surgery Expert

[www.drbanksplasticsurgery.com](http://www.drbanksplasticsurgery.com)

Media link for all TV, Print and Radio Interviews: [www.drbanksplasticsurgery.com/media](http://www.drbanksplasticsurgery.com/media)

Twitter Handle: @niabanksmd

Facebook: [www.facebook.com/drbanksplasticsurgery](http://www.facebook.com/drbanksplasticsurgery)

YouTube Channel: [www.youtube.com/channel](http://www.youtube.com/channel)

Beaux Arts Institute of Plastic Surgery

Doctor's Community Hospital

8116 Good Luck Road, Suite 215

Lanham, MD 20706

Office: 301-880-7022

Fax: 301-880-0524

# Media

## Television

“Summer Skin Glow”, Fox 5, Washington, DC, September 4, 2014

“Do It Yourself Plastic Surgery”, Fox 45, Baltimore, MD, August 20, 2014

“Celebrity Red Carpet”, Fox 45, Baltimore, MD, August 2, 2014

“Summer Skin Care”, WJZ TV-13, Baltimore, MD, June 20, 2014

“Mommy Makeover”, Fox 45, Baltimore, MD, June 3, 2014

## Radio

“Plastic Surgery”, HUR Radio XM Health Chat, January 31, 2015

“The Increasing Plastic Surgery Industry”, Wealthy Sistas Blog Talk Radio, January 13, 2015

“Love, Relationships and Plastic Surgery”, WHUR Radio FM Pillow Talk, December 30, 2014

“Plastic Surgery and Relationships”, HUR Radio XM 141, October 15, 2014

“Keep it Moving with Marsha Jews”, WEAA FM, Baltimore, MD, August 11, 2014

# Media

## Editorial

“People on the Move”, The Baltimore Sun, May 20, 2014

“Keep Them Well--The 411 on Childhood Scars”, Washingtonian Mom Magazine, Spring 2014

“New Surgical Treatments for a Better Body”, Washingtonian Magazine, February 2015

## Awards and Achievements

Bowie Blade News Reader’s Choice Finalist for Cosmetic Surgery, 2013

5/20/2014 Baltimore Sun, People on the Move

8/30/2014 Maryland Daily Record. Top 40 Under 40 Professionals



# Media

## Press Releases

- 02/26/15: [http://www.abnewswire.com/pressreleases/dr-nia-banks-highlighted-in-washingtonian-feature\\_24111.html](http://www.abnewswire.com/pressreleases/dr-nia-banks-highlighted-in-washingtonian-feature_24111.html)
- 07/22/14: [http://www.abnewswire.com/pressreleases/dr-nia-banks-named-to-the-daily-record-vip-2014-list\\_13893.html](http://www.abnewswire.com/pressreleases/dr-nia-banks-named-to-the-daily-record-vip-2014-list_13893.html)
- 06/13/14: <http://www.releasewire.com/press-releases/syreetta-threat-joins-the-beaux-arts-institute-519609.htm>
- 04/02/14: <http://www.releasewire.com/press-releases/beaux-arts-institute-of-plastic-surgery-introduces-new-medi-spa-486396.htm>
- 01/31/14: <http://www.releasewire.com/press-releases/washington-dc-cosmetic-surgery-center-announces-launch-of-elite-laser-treatments-452068.htm>
- 01/10/14: <http://www.releasewire.com/press-releases/lanham-md-cosmetic-surgery-center-announces-availability-of-new-aesthetic-laser-treatment-431396.htm>
- 12/19/13: <http://www.releasewire.com/press-releases/beaux-arts-institute-of-plastic-surgery-to-open-second-location-in-maryland-414586.htm>
- 09/30/13: <http://www.releasewire.com/press-releases/doctors-community-hospital-appoints-dr-nia-banks-as-new-plastic-surgery-chief-343484.htm>